



Diabetes Self-Management Program

1701 E. Broadway Suite 102, Columbia, MO
Phone: 573-815-3870 Fax: 573-815-3816

General Information - Face sheets can be attached

Name (Print) _____ SS# _____ Date of Birth _____

Home Phone _____ Work Phone _____

Insurance _____

Authorization Number _____ (Please send a copy of authorization if HMO plan)

Primary Physician _____ Referring Physician _____

Office Nurse Name: _____ Office Phone: _____ Office Fax: _____

NOTE IF MEDICARE, Education is medically necessary due to: (Mark all that apply) (Please send copies of these labs for our files)

- A fasting blood sugar greater than or equal to 126mg/dL on two different occasions
- A 2 hour post glucose challenge greater than or equal to 200mg/dL on two different occasions
- A random glucose test over 200 mg/dL for a person with symptoms of uncontrolled diabetes

Referral for: _____

Please mark appropriate diagnosis:

- E11.9 Type 2 diabetes mellitus without complications
- E11.65 Type 2 diabetes mellitus with hyperglycemia
- E10.9 Type 1 diabetes mellitus without complications
- E10.65 Type 1 diabetes mellitus with hyperglycemia
- O24.319 Unspecified pre-existing diabetes mellitus in pregnancy, unspecified trimester
- O99.810 Abnormal glucose complicating pregnancy

Please mark service desired:

CLASSES

- Includes 10 hours DSMT & 3 hours MNT & 72 hour continuous glucose monitoring

INDIVIDUAL SERVICES

- Diabetes Self-Management Training (DSMT) Number of hours and topics to cover: _____
- Medical Nutrition Therapy (MNT) – 3 hrs
- Insulin therapy initiation
- Continuous Glucose Monitoring
- Insulin Pump Therapy
- Gestational Diabetes
- Follow-up Training** had class series previously but greater than 1 year. Medicare covers 2 hours DSMT & MNT annually.

NOTE IF MEDICARE: Indicate barriers to group education if individual DSMT is desired:

Barriers to learning: Vision Hearing Language Impaired mental status Other (specify: _____)

I hereby certify that I am managing this beneficiary's Diabetes condition and that the above prescribed training is a necessary part of management. (Medicare patients)

Physician's/HCP Signature: _____ Date: _____ Time: _____

DSME can be ordered by an MD, DO or midlevel provider managing the patient's diabetes.

**MNT must be ordered by MD or DO.

Please send most recent labs and office note with referral.