Boone Health

1600 East Broadway Columbia, Missouri 65201 www.boone.health 573.815.8000

Anesthesia – General Anesthesia for Outpatient Test PREPARATION FOR YOUR TEST CHILD PREPS

1. No solid foods after 2:00 a.m. Clear liquids okay up to four hours before procedure.

(Grape or apple juice, plain jello, popsicles. No milk or orange juice with pulp.)

- 2. Nothing to eat or drink four hours before procedure.
- 3. Must have driver present in department during test and for patient recovery.

4. Surgery will call patient one day ahead with arrival time, further preps & explanation.

ADULT PREPS

- 1. Nothing to eat or drink after midnight.
- 2. Must have driver present in department during test and for patient recovery.
- 3. May take hypertension, heart or seizure medications with sip of water.
- 4. Surgery will call patient one day ahead with arrival time, further preps & explanation.

Thank you for choosing Boone Health for your healthcare needs. For more information on the services we provide, visit us at www.boone.health.