

Anesthesia – General Anesthesia for Outpatient Test

PREPARATION FOR YOUR TEST

CHILD PREPS

1. No solid foods after 2:00 a.m. Clear liquids okay up to four hours before procedure. (Grape or apple juice, plain jello, popsicles. No milk or orange juice with pulp.)
2. Nothing to eat or drink four hours before procedure.
3. Must have driver present in department during test and for patient recovery.
4. Surgery will call patient one day ahead with arrival time, further preps & explanation.

ADULT PREPS

1. Nothing to eat or drink after midnight.
2. Must have driver present in department during test and for patient recovery.
3. May take hypertension, heart or seizure medications with sip of water.
4. Surgery will call patient one day ahead with arrival time, further preps & explanation.