

**CARDIAC DIAGNOSTIC CENTER AT THE MISSOURI HEART CENTER Aorta Iliac Doppler Study**

**PREPARATION FOR YOUR TEST**

1. One teaspoon (or tablet) Digel or Gas-X after each meal the day before exam.
2. No eating, drinking, smoking or chewing gum after midnight.
3. Morning medications are acceptable with small sip of water.
4. If diabetic, refer to your personal physician for diabetes management.