

**CARDIAC DIAGNOSTIC CENTER AT THE MISSOURI HEART CENTER Exercise Treadmill
PREPARATION FOR YOUR TEST**

1. Wear comfortable shorts or pants and walking/tennis shoes.
2. Light meal acceptable (ie; tea and toast).
3. Morning medications okay with sip of water.
4. Bring list of medications to appointment.

Thank you for choosing Boone Health for your healthcare needs. For more information on the services we provide, visit us at www.boone.health.