Boone Health

1600 East Broadway Columbia, Missouri 65201 www.boone.health 573.815.8000

Respiratory PFT With Spirometry Only PREPARATION FOR YOUR TEST

1. No smoking after 7 AM day of appointment.

2. Eat a light meal prior to appointment (ie; tea and toast)

3. Do not use bronchodilators eight hours before appointment.

Examples of bronchodilators include: Proventil, Albuterol, Ventolin, Serevent, Foradil, Proair, Duoneb, Xopenex, Atrovent & Combivent.

4. Do not use 12 hours before appointment: Flovent, Symbicort, Asmanex, Pulmicort & Advair.

Thank you for choosing Boone Health for your healthcare needs. For more information on the services we provide, visit us at www.boone.health.