

### **Respiratory PFT With Spirometry Only**

#### **PREPARATION FOR YOUR TEST**

1. No smoking after 7 AM day of appointment.
2. Eat a light meal prior to appointment (ie; tea and toast)
3. Do not use bronchodilators eight hours before appointment.  
Examples of bronchodilators include: Proventil, Albuterol, Ventolin, Serevent, Foradil, Proair, Duoneb, Xopenex, Atrovent & Combivent.
4. Do not use 12 hours before appointment: Flovent, Symbicort, Asmanex, Pulmicort & Advair.