

### **Special Procedures Epidural Injection (Cervical/Thoracic or Lumbar/Sacral)**

#### **PREPARATION FOR YOUR TEST**

1. Blood thinners must be stopped prior to procedure. (Patient should check with their physician before stopping)
2. Patient should eat before the test.
3. Bring medications or a list of them to appointment.
4. Please arrive 30 minutes early. (One hour early if lab is needed)
5. Patient will need a driver.
6. Recovery time is 1-2 hours.