BooneHealth

1600 East Broadway Columbia, Missouri 65201 www.boone.health 573.815.8000

Special Procedures Epidural Injection (Cervical/Thoracic or Lumbar/Sacral) PREPARATION FOR YOUR TEST

1. Blood thinners must be stopped prior to procedure. (Patient should check with their physician before stopping)

- 2. Patient should eat before the test.
- 3. Bring medications or a list of them to appointment.
- 4. Please arrive 30 minutes early. (One hour early if lab is needed)
- 5. Patient will need a driver.
- 6. Recovery time is 1-2 hours.

Thank you for choosing Boone Health for your healthcare needs. For more information on the services we provide, visit us at www.boone.health.