

Special Procedures Kyphoplasty (Lumbar or Thoracic)

PREPARATION FOR YOUR TEST

1. Blood thinners must be stopped prior to procedure. (Patient should check with their physician before stopping)
2. Nothing to eat or drink eight hours prior to exam. (Ok to take medications with sip water except blood thinners)
3. Bring medications or a list of them to appointment.
4. Patient must have a driver and have supervision for several hours after leaving the hospital.
5. Recovery time may be up to four hours.