

Special Procedures Lumbar Puncture PREPARATION FOR YOUR TEST

- 1. Blood thinners must be stopped prior to procedure. (Patient should check with their physician before stopping)
- 2. Bring medications or a list of them to appointment.
- 3. Patient needs to bring written physician order for spinal fluid studies.
- 4. Please arrive 30 minutes early. (One hour early if lab is needed)
- 5. Patient must have a driver.
- 6. MUST have driver present in department during test.
- 7. Recovery time may be up to four hours.