

Special Procedures Sacroplasty PREPARATION FOR YOUR TEST

- 1. Blood thinners must be stopped prior to procedure. (Patient should check with their physician before stopping)
- 2. Nothing to eat or drink eight hours prior to exam. (Ok to take medications with sip water except blood thinners)
- 3. Bring medications or a list of them to appointment.
- 4. Patient needs to bring a driver and have supervision for several hours after leaving the hospital.
- 5. Recovery time may be up to four hours.