## Boone Health

1600 East Broadway Columbia, Missouri 65201 www.boone.health 573.815.8000

## Ultrasound RUQ (aka Right Upper Abdomen) PREPARATION FOR YOUR TEST

- 1. Low fat meal the night before. (No carbonated beverages)
- 2. Nothing to eat or drink after midnight.
- 3. No smoking after midnight.
- 4. No chewing gum day of procedure.
- 5. If scheduled for same day, nothing to eat or drink 6-8 hours before procedure.

Thank you for choosing Boone Health for your healthcare needs. For more information on the services we provide, visit us at www.boone.health.