

**NUCLEAR MEDICINE THYROID UPTAKE AND SCAN
PREPARATION FOR YOUR TEST**

1. Must be off thyroid medications four weeks prior to exam. Two weeks for Tapazole and 1 week for Methimazole.
2. No seafood or strawberries 48 hours prior.
3. Nothing to eat four hours prior to pill ingestion which is the first done on the first day. But any type of fluid is acceptable.
4. Stop Amiodarone 4 weeks prior.
5. No Iodinated contrast studies two weeks prior and no Cath procedures four weeks prior.
6. Bring medications or a list.

Thank you for choosing Boone Health for your healthcare needs. For more information on the services we provide, visit us at www.boone.health.