

## **CT SCAN COLONOGRAPHY**

### **THIS TEST CAN ONLY BE PERFORMED 14 DAYS POST BIOPSY OR POLYP REMOVAL. PREPARATION FOR YOUR TEST**

Follow these steps the DAY BEFORE your test:

1. STRICT clear liquid diet. If you put liquid in a clear glass and you can see through it, chances are it is ok to drink.  
A clear liquid consists of:
  - Apple, grape, cranberry juice, beef or chicken broth that is free of bits, tea, coffee (without cream, milk, or sugar) Gatorade, jello, and kool-aid.

**AVOID JUICES WITH PULP, MILK, CREAM, AND SOLID FOOD.**

2. At 3pm, drink 10 oz of oral magnesium citrate. You may purchase this over the counter.
3. At 6pm, drink ½ of the bottle of barium (white bottle of solution). Discard the rest.
4. At 9pm mix the bottles (30 ml each) of gastrographin/gastroview with 8 oz of water or apple juice.

Follow these steps the DAY OF your test:

1. You may take your prescribed medications the morning of the test with a small sip of water.
2. If your stool is not clear, please reschedule your test! If you get to the facility and still have too much stool, you may be asked to come back later that day to allow more time for passing, or sent home to re-prep.

#### **What you need to purchase over the counter:**

Magnesium Citrate 10 oz

#### **What you need to pick up at BOONE HEALTH RADIOLOGY DEPARTMENT: MAIN CAMPUS**

2- 30 ml bottles of gastrographin/gastroview

1-Bottle of barium

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