



# HANDS-ONLY CPR

## Free Training

According to the AHA, about 90% of people who suffer out-of-hospital cardiac arrests die. CPR, if performed immediately, can double or triple a cardiac arrest victim's chance of survival.

### ADDRESS

Multiple locations

### DATE

January/February  
2023

### TIME

Varies by date

Please use the link or scan the QR code to sign-up for a date and time.



[bit.ly/BHCPR](https://bit.ly/BHCPR)

Provided by Boone Health Community Wellness