## & Boone Health

## FREE BLOOD PRESSURE CHECKUP

## Provided by: Boone Health Community Wellness

ADDRESS DATE TIME

Commerce Bank 2000 Bernadette Dr. Columbia, MO

June 21, 2023

10a.m. - 2 p.m.

Screenings will be offered for all ages on a walk-in basis in our Mobile Health Unit/Commerce Bank parking lot.

High blood pressure is "the silent killer," meaning that it has no symptoms of its own, but can dramatically increase one's risk of developing heart disease or stroke.

Take the first step by checking your blood pressure and making heart healthy lifestyle changes.



