



FREE A1C HEALTH SCREENINGS

Free Community A1C Screenings provided by Boone Health Community Wellness.

ADDRESS

Food Truck Round-Up
1701 W. Ash
Back parking lot
Columbia, MO

DATE

June 14, 2023

TIME

3:30 p.m. - 6:30 p.m.

Sign-up at <https://bit.ly/BHFoodTruckA1Cs> or scan



HOW TO PREPARE FOR YOUR SCREENING:

- Drink plenty of fluids
- Cold hands - shake arms and/or run hands under warm water

A1C: Blood test for type 2 diabetes and prediabetes. Measures average blood glucose, or blood sugar levels over the past 3 months.

- Instant results
- Fingertick



Funding provided by: