



# FREE A1C HEALTH SCREENINGS

Free Community A1C Screenings provided by  
Boone Health Community Wellness.

## ADDRESS

Montgomery Co.  
Health Department 400  
Salisbury St.  
Montgomery City, MO

## DATE

June 22, 2023

## TIME

10 a.m. - 12 p.m.

Sign-up at <https://bit.ly/BHMontgomeryCoA1C> or scan



## HOW TO PREPARE FOR YOUR SCREENING:

- Drink plenty of fluids
- Cold hands - shake arms and/or run hands under warm water

**A1C: Blood test for type 2 diabetes and prediabetes. Measures average blood glucose, or blood sugar levels over the past 3 months.**

- Instant results
- Fingerstick



Funding provided by: