

## Community Wellness

SERVICES MENU

Boone Health provides on-site health services within your facility or from our Mobile Health Unit.

## General Services

SERVICE	DESCRIPTION	COST PER UNIT/PERSON
Hands Only CPR (Cardiopulmonary Resuscitation) and AED (Automated External Defibrillator) Training	<ul> <li>Instructor lead presentation that allows you to learn how to administer chest compressions (without rescue breaths)</li> <li>Learn when and how to use an AED</li> <li>Does not include a certification</li> </ul>	\$25
CPR and First AID	· Hybrid course: Online class & in-person skills check	\$20 - \$50 (online, depending on level) \$50 Skills Check (\$25 urgent/convenience fee)
Skin Cancer Screenings	Head-to-toe screening performed by certified clinic	cians \$45
	· Exposed skin only	\$25
Presentations	<ul> <li>On-site presentations</li> <li>Tailored to meet the needs of the population (Diabetes, Nutrition, Importance of Sleep, Stress Reduction, Eating Greens, Mindful Eating, Nutrition Myths, Vitamins &amp; Supplements, etc.)</li> </ul>	\$125
Flu Vaccines	· Offered in the fall (price may vary)	\$27
Wellness Activities/Challenges	<ul> <li>Includes activities such as nutrition, exercise, stress management, or other wellness challenges and activities</li> <li>Includes incentives and giveaways</li> </ul>	Self-Managed: \$125 Managed by Community Wellness Team: \$325
First Aid Station	· Includes licensed staff and basic supplies	\$80/hr per staff

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Instant results and education provided on site.

Total Lipid Profile	<ul> <li>Includes total cholesterol, LDL, HDL, triglycerides and/or glucose</li> <li>Health score card reports available upon request at no additional cost</li> </ul>	\$50 (w/glucose \$55)
A1C (Glycohemoglobin, HbA1C, Hemoglobin A1C test)	<ul> <li>Blood test for pre-diabetes and diabetes and</li> <li>Measures average blood glucose or blood sugar levels over the past 3 months</li> </ul>	\$30
'310	od Draw Results sent via sec	ured email.
TSH (Thyroid-Stimulating Hormone)	Blood test is used to find out how well the thyroid is working and can be performed on men and women	\$30
PSA (Prostate-Specific Antigen)	<ul> <li>Used primarily to screen for prostate cancer</li> <li>The test measures the amount of PSA in the bloo</li> </ul>	\$30 d
Vitamin D	<ul> <li>Used to determine whether you have enough vitamin D in your body to support normal bodily functions</li> </ul>	\$50
CMP (Comprehensive Metabolic Panel)	<ul> <li>Frequently ordered panel of 15 tests that gives a hoprovider important information about the current a person's metabolism, including the health of the and liver, electrolyte and acid/base balance as well blood glucose and protein levels</li> </ul>	status of e kidneys
CBC (Complete Blood Count)	Gives an overall view of general health by measuring the health of red blood cells, white blood cells, and platelets	\$30
Total Lipid Profile	<ul> <li>Includes total cholesterol, LDL, HDL, triglycerides and/or glucose</li> <li>Health score card reports available upon request at no additional cost</li> </ul>	\$50 (w/glucose \$55)
A1C (Glycohemoglobin, HbA1C, Hemoglobin A1C test)	<ul> <li>Blood test for pre-diabetes and diabetes and</li> <li>Measures average blood glucose or blood sugar levels over the past 3 months</li> </ul>	\$30

Discounts may apply for three or more services per event. Blood pressure screenings available with any of the above services.