

# Boone Health Cafeteria

## Breakfast Menu

<b>Monday</b>		<b>price</b>
<b>entrée:</b>	<b>Mid Missouri Egg Scramble</b>	<b>3.99</b>
<b>entrée:</b>	<b>Hashbrown</b>	<b>1.89</b>
<b>sides:</b>	<b>Biscuits(2) &amp; Gravy</b>	<b>2.99</b>
<b>sides:</b>	<b>Apple Cinnamon Muffin</b>	<b>2.99</b>
<b>Tuesday</b>		<b>price</b>
<b>entrée:</b>	<b>Cheddar Quiche</b>	<b>1.99</b>
<b>entrée:</b>	<b>Scrambled Eggs</b>	<b>1.49</b>
<b>sides:</b>	<b>Bacon &amp; Sausage</b>	<b>1.09</b>
<b>sides:</b>	<b>Pumpkin Bread</b>	<b>2.99</b>
<b>Wednesday</b>		<b>price</b>
<b>entrée:</b>	<b>Keilbasa Sausage and Peppers</b>	<b>3.99</b>
<b>entrée:</b>	<b>Potato O'Brien</b>	<b>1.89</b>
<b>sides:</b>	<b>Biscuits(2) &amp; Gravy</b>	<b>2.99</b>
<b>sides:</b>	<b>Orange Cranberry Muffin</b>	<b>2.99</b>
<b>Thursday</b>		<b>price</b>
<b>entrée:</b>	<b>Breakfast Casserole</b>	<b>3.99</b>
<b>entrée:</b>	<b>Scrambled Eggs</b>	<b>1.49</b>
<b>entrée:</b>	<b>Bacon &amp; Sausage</b>	<b>1.09</b>
<b>sides:</b>	<b>Lemon Blueberry Scones</b>	<b>2.99</b>
<b>Friday</b>		<b>price</b>
<b>entrée:</b>	<b>Bacon &amp; Green Chili Quiche</b>	<b>1.99</b>
<b>entrée:</b>	<b>Hashbrown</b>	<b>1.89</b>
<b>sides:</b>	<b>Biscuits(2) &amp; Gravy</b>	<b>2.99</b>
<b>sides:</b>	<b>French Toast Bake</b>	<b>2.99</b>

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## Lunch Menu

<b>Monday</b>		<b>price</b>
<b>entrée:</b>	<b>Garlic Herb Roasted Beef with Chimmichurri</b>	<b>5.99</b>
<b>entrée:</b>	<b>Chicken Marsala</b>	<b>4.99</b>
<b>sides:</b>	<b>Mushroom Risotto</b>	<b>1.69</b>
<b>sides:</b>	<b>Greens Beans/ Corn</b>	<b>1.69</b>
<b>sides:</b>	<b>Dinner Roll</b>	<b>0.89</b>
<b>exhibition:</b>	<b>Chicken Cordon Bleu Sandwich with side</b>	<b>7.19</b>
<b>soup:</b>	<b>Broccoli Cheddar/Chicken Noodle</b>	<b>3.00</b>
<b>Tuesday</b>		<b>price</b>
<b>entrée:</b>	<b>Mexi Chicken or Carnitas Tacos</b>	<b>4.99</b>
<b>sides:</b>	<b>Cilantro Lime Rice</b>	<b>1.69</b>
<b>sides:</b>	<b>Grilled Street Corn/ Salsa Beans</b>	<b>1.69</b>
<b>sides:</b>	<b>Guacamole/Queso</b>	<b>1.09</b>
<b>exhibition:</b>	<b>Carnitas Street Tacos with sides</b>	<b>7.19</b>
<b>soup:</b>	<b>Loaded Baked Potato</b>	<b>3.00</b>
<b>Wednesday</b>		<b>price</b>
<b>entrée:</b>	<b>Pork Loin with Mango Salsa</b>	<b>4.59</b>
<b>entrée:</b>	<b>Jamaican Jerk Chicken</b>	<b>4.99</b>
<b>sides:</b>	<b>Sweet Potatoes</b>	<b>1.69</b>
<b>sides:</b>	<b>Caribbean Vegetables</b>	<b>1.69</b>
<b>sides:</b>	<b>Coco Bread</b>	<b>0.89</b>
<b>exhibition:</b>	<b>Paella</b>	<b>7.19</b>
<b>soup:</b>	<b>Tomato Basil/Vegetable Beef Barley</b>	<b>3.00</b>
<b>Thursday</b>		<b>price</b>
<b>entrée:</b>	<b>Balsamic Steak</b>	<b>5.99</b>
<b>entrée:</b>	<b>Lemon Rosemary Chicken Thighs</b>	<b>4.99</b>
<b>sides:</b>	<b>Garlic Mashed Potatoes</b>	<b>1.69</b>
<b>sides:</b>	<b>Buttered Corn/ Roasted Broccoli</b>	<b>1.69</b>
<b>sides:</b>	<b>Breadstick</b>	<b>0.89</b>
<b>exhibition:</b>	<b>Shrimp &amp; Grits</b>	<b>7.19</b>
<b>soup:</b>	<b>Red Pepper Gouda/Chicken Noodle</b>	<b>3.00</b>
<b>Friday</b>		<b>price</b>
<b>entrée:</b>	<b>Fried Catfish</b>	<b>5.79</b>
<b>entrée:</b>	<b>Fried Chicken</b>	<b>4.99</b>
<b>sides:</b>	<b>Chipotle Cheesy Grits</b>	<b>1.69</b>
<b>sides:</b>	<b>Sauteed Green Beans/Roasted Cauliflower</b>	<b>1.69</b>
<b>sides:</b>	<b>Southern Biscuit</b>	<b>0.89</b>
<b>exhibition:</b>	<b>Chef's Special</b>	<b>7.19</b>
<b>soup:</b>	<b>Clam Chowder</b>	<b>3.00</b>

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