

Community Wellness

SERVICES MENU

Boone Health provides on-site health services within your facility or from our Mobile Health Unit.

General Services

SERVICE	DESCRIPTION	COST PER UNIT/PERSON
Hands Only CPR (Cardiopulmonary Resuscitation) and AED (Automated External Defibrillator) Training	<ul style="list-style-type: none"> Instructor lead presentation that allows you to learn how to administer chest compressions (without rescue breaths) Learn when and how to use an AED Does not include a certification through American Heart Association 	\$25
CPR and First Aid	<ul style="list-style-type: none"> Hybrid course: Online class & in-person skills check (American Heart Association) 	\$20 - \$50 (online, depending on level) \$50 Skills Check (\$25 urgent/convenience fee)
Skin Cancer Screenings	<ul style="list-style-type: none"> Head-to-toe screening performed by certified clinicians Exposed skin only 	\$45 \$25
Presentations	<ul style="list-style-type: none"> On-site presentations <ul style="list-style-type: none"> Tailored to meet the needs of the population (Diabetes, Nutrition, Importance of Sleep, Stress Reduction, Eating Greens, Mindful Eating, Nutrition Myths, Vitamins & Supplements, etc.) Presentation for on-site fitness center <ul style="list-style-type: none"> Tutorial/recommendations on exercise equipment Tailored to small groups 	\$125
Flu Vaccines	<ul style="list-style-type: none"> Offered in the fall (price may vary) 	\$27
Wellness Activities/Challenges	<ul style="list-style-type: none"> Includes activities such as nutrition, exercise, stress management, or other wellness challenges and activities Includes incentives and giveaways 	Self-Managed: \$125 Managed by Community Wellness Team: \$325
First Aid Station	<ul style="list-style-type: none"> Includes licensed staff and basic supplies 	\$80/hr per staff

Fingerstick

Instant results and education provided on site.

Total Lipid Profile

- Includes total cholesterol, LDL, HDL, triglycerides and/or glucose
- Health score card reports available upon request at no additional cost

\$50 (w/glucose \$55)

A1C (Glycohemoglobin, HbA1C, Hemoglobin A1C test)

- Blood test for pre-diabetes and diabetes and
- Measures average blood glucose or blood sugar levels over the past 3 months

\$30

Blood Draw

Results sent via secured email.

TSH (Thyroid-Stimulating Hormone)

- Blood test is used to find out how well the thyroid is working and can be performed on men and women

\$30

PSA (Prostate-Specific Antigen)

- Used primarily to screen for prostate cancer
- The test measures the amount of PSA in the blood

\$30

Vitamin D

- Used to determine whether you have enough vitamin D in your body to support normal bodily functions

\$50

CMP (Comprehensive Metabolic Panel)

- Frequently ordered panel of 15 tests that gives a healthcare provider important information about the current status of a person's metabolism, including the health of the kidneys and liver, electrolyte and acid/base balance as well as blood glucose and protein levels

\$30

CBC (Complete Blood Count)

- Gives an overall view of general health by measuring the health of red blood cells, white blood cells, and platelets

\$30

Total Lipid Profile

- Includes total cholesterol, LDL, HDL, triglycerides and/or glucose
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\$50 (w/glucose \$55)

A1C (Glycohemoglobin, HbA1C, Hemoglobin A1C test)

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\$30

Discounts may apply for three or more services per event. Blood pressure screenings available with any of the above services.