



 BooneHealth

# Heart Health Month FREE A1C SCREENINGS

**Free Community Screenings A1C and/or Blood Pressure**  
**\*\*\*Sign-up required for A1c test\*\*\***  
**No Sign-up for Blood Pressure check**

## ADDRESS

ARC  
1701 W. Ash St.  
Columbia , MO

## DATE

February 14, 2024

## TIME

8:30 a.m. - 11:30 a.m.

Sign-up at <https://bit.ly/BHHeartHealthARCA1C> scan



## HOW TO PREPARE FOR YOUR SCREENING:

**Drink plenty of water, fasting not required.**

**A1C: Blood test for type 2 diabetes and prediabetes. Measures average blood glucose, or blood sugar levels over the past 3 months.**

- Instant results
- Fingerstick

Funding provided by:

