



 BooneHealth

Heart Health Month

FREE A1C SCREENINGS

Free Community Screenings A1C and/or Blood Pressure
*****Sign-up required for A1c test*****
No Sign-up for Blood Pressure check

ADDRESS

The Rec Center
802 W Lakeview St.
Centralia, MO

DATE

February 22, 2024

TIME

10:30 a.m. - 1:30 p.m.

Sign-up at <https://bit.ly/BHHeartHealthA1CCentralia> or scan



HOW TO PREPARE FOR YOUR SCREENING:

Drink plenty of water, fasting not required.

A1C: Blood test for type 2 diabetes and prediabetes. Measures average blood glucose, or blood sugar levels over the past 3 months.

- Instant results
- Fingerstick

Funding provided by:

