

Free Community Screenings A1C and/or Blood Pressure

\*\*\*Sign-up required for A1c test\*\*\*

No Sign-up for Blood Pressure check

**ADDRESS** 

**DATE** 

TIME

DBRL 100 W. Broadway Columbia , MO

February 29, 2024

9:00 am - 12:00 pm

Sign-up at https://bit.ly/BHHeartHeatlhDBRLA1Cs or scan



## **HOW TO PREPARE FOR YOUR SCREENING:**

Drink plenty of water, fasting not required.

A1C: Blood test for type 2 diabetes and prediabetes. Measures average blood glucose, or blood sugar levels over the past 3 months.

- Instant results
- Fingerstick

Funding provided by:



