

Free Community Screenings A1C and/or Blood Pressure

\*\*\*Sign-up required for A1c test\*\*\*

No Sign-up for Blood Pressure check

**ADDRESS** 

YMCA 757 3rd St

**Boonville, MO** 

**DATE** 

February 15, 2024

TIME

8:30 a.m. - 11:30 a.m.

Sign-up https://bit.ly/BHHeartHealthBoonvilleA1C at scan



## **HOW TO PREPARE FOR YOUR SCREENING:**

Drink plenty of water, fasting not required.

A1C: Blood test for type 2 diabetes and prediabetes. Measures average blood glucose, or blood sugar levels over the past 3 months.

- Instant results
- Fingerstick

Funding provided by:



