



BooneHealth

# Heart Health Month FREE A1C SCREENINGS

Free Community Screenings A1C and/or Blood Pressure  
\*\*\*Sign-up required for A1c test\*\*\*  
No Sign-up for Blood Pressure check

## ADDRESS

DBRL-Ashland  
109 N. Main St.  
Ashland, MO

## DATE

Wednesday  
February 28, 2024

## TIME

10:30AM - 1:30PM

Sign-up at <https://bit.ly/BHHeartHealthA1CAshland2-28-2024> scan



## HOW TO PREPARE FOR YOUR SCREENING:

Drink plenty of water, fasting not required.

**A1C:** Blood test for type 2 diabetes and prediabetes. Measures average blood glucose, or blood sugar levels over the past 3 months.

- Instant results
- Fingerstick

Funding provided by:

