



FREE A1C and BLOOD PRESSURE SCREENINGS

Provided by
Boone Health Community
Wellness &
Boone Hospital Foundation

DATE

August 24, 2024
Saturday

ADDRESS

Downtown on the
Square
Mexico, MO

TIME

10:30 AM - 2:30 PM

A1C: Blood test for type 2 diabetes and prediabetes. Measures average blood glucose, or blood sugar levels over the past 3 months.

- Instant results
- Fingertick

HOW TO PREPARE FOR YOUR SCREENING:

- Drink plenty of fluids
- Cold hands - shake arms and/or run hands under warm water

No appointment necessary