



5 STAR RATING by the U.S. Centers for Medicare & Medicaid Services (CMS)

GENERAL SERVICES

SERVICE	DESCRIPTION	COST PER UNIT/ PERSON
Hands Only CPR (Cardiopulmonary Resuscitation) and AED (Automated External Defibrillator) Training	<ul style="list-style-type: none"> Instructor lead presentation that allows you to learn how to administer chest compressions (without rescue breaths) Learn when and how to use an AED Does not include a certification through American Heart Association 	\$25
CPR and First Aid	<ul style="list-style-type: none"> Hybrid course: Online class & in-person skills check (American Heart Association Certification) 	\$16.50 - \$36 (online, depending on level) \$50 Skills Check (\$25 urgent/convenience fee)
Skin Cancer Screenings	<ul style="list-style-type: none"> Full skin cancer screening, head-to-toe 	\$40
Presentations	<ul style="list-style-type: none"> On-site presentations <ul style="list-style-type: none"> Tailored to meet the needs of the population (Diabetes, Nutrition, Importance of Sleep, Stress Reduction, Eating Greens, Mindful Eating, Nutrition Myths, Vitamins & Supplements, etc.) Presentation for on-site fitness center <ul style="list-style-type: none"> Tutorial/recommendations on exercise equipment Tailored to small groups 	\$125
Flu Vaccines	<ul style="list-style-type: none"> Offered in the fall (price may vary) 	\$27
Wellness Activities/ Challenges	<ul style="list-style-type: none"> Includes activities such as nutrition, exercise, stress management, or other wellness challenges and activities Includes incentives and giveaways 	Self-Managed: \$125 Managed by Community Wellness Team: \$325
First Aid Station	<ul style="list-style-type: none"> Includes licensed staff and basic supplies 	\$80/hr per staff

FINGERSTICK

Instant results and education provided on site.

Total Lipid Profile	<ul style="list-style-type: none">Includes total cholesterol, LDL, HDL, triglycerides with/without glucoseHealth scorecard reports available upon request at no additional cost	\$50 (w/glucose \$55)
A1C (Glycohemoglobin, Hemoglobin A1C test)	<ul style="list-style-type: none">Blood test for pre-diabetes and diabetesMeasures average blood glucose or blood sugar levels over the past 3 months	\$30

BLOOD DRAW

Results sent via secured email

TSH (Thyroid-Stimulating Hormone)	<ul style="list-style-type: none">Blood test determines how well the thyroid is working and can be performed on men and women	\$30
PSA (Prostate-Specific Antigen)	<ul style="list-style-type: none">Used primarily to screen for prostate cancer (Men)The test measures the amount of PSA in the blood	\$30
Vitamin D	<ul style="list-style-type: none">Used to determine whether you have enough vitamin D in your body to support normal bodily functions	\$50
CMP (Comprehensive Metabolic Panel)	<ul style="list-style-type: none">Frequently ordered panel of 15 tests that gives a healthcare provider important information about the current status of a person's metabolism, including the health of the kidneys and liver, electrolyte and acid/base balance, blood glucose and protein levels	\$30
CBC (Complete Blood Count)	<ul style="list-style-type: none">Gives an overall view of general health by measuring the health of red blood cells, white blood cells, and platelets	\$30
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Boone Health provides on-site health services within your facility or from our Mobile Health Unit.

- More than 30 miles will incur a mileage charge (federal rate), otherwise no additional surcharges.
- Discounts may apply for three or more services per event. Blood pressure screenings available with any of the above services.