



1600 E. Broadway Columbia, MO 65202  
573-815-8000

### GI Procedure Preparation

PREPARATION INSTRUCTIONS FOR GI PROCEDURE AT **BOONE HOSPITAL 1600 E. Broadway Columbia, MO 65201**

Appointment date: \_\_\_\_\_ Check in time: \_\_\_\_\_

#### Do these things **7 DAYS BEFORE** the procedure:

<ul style="list-style-type: none"><li>• <b>Arrange a ride:</b> You will be given medicine that makes you relax and sleepy, so you cannot drive a car. If you arrive without an escort, your procedure may need to be rescheduled.</li><li>• Uber, taxi, or transportations such as Oats bus are not an option unless you have an escort to ride with you.</li><li>• <b>If you take any blood thinners, call your primary doctor or cardiologist to see if you can safely stop this medication before your procedure.</b></li><li>• Please note the date and time you are to stop the blood thinners.</li></ul>	<ul style="list-style-type: none"><li>• <b>BLOOD THINNERS AND ALL OTHER MEDICATIONS SHOULD BE ADDRESSED BY YOUR PRIMARY PHYSICIAN, PRESCRIBING PHYSICIAN, INTERNIST OR SURGEON.</b></li></ul>
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#### Do these things **3 DAYS BEFORE** the procedure:

<ul style="list-style-type: none"><li>• <b>Confirm your ride</b></li><li>• If you have questions regarding your appointment, call <b>573-815-6344</b></li><li>• If you need to cancel or reschedule your appointment, call <b>573-815-8059</b></li><li>• Review the prep and diet you need to follow for the procedure.</li></ul>
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#### Do these things **ON THE DAY OF** the procedure:

<ul style="list-style-type: none"><li>• No food, drink, tobacco products or gum after midnight.</li><li>• You may have sips of water or black coffee (no creamer) until 3 hours before your check in time</li><li>• Adhere to the medications you should take before the procedure.</li><li>• Bring a list of your medications with you and the time and dates you last took them.</li><li>• Go to the <b>south entrance</b>, the <b>Outpatient Service Entrance</b> and check in on the <b>ground floor</b> at your scheduled check in time.</li><li>• There is no need to arrive early. Once registered, you will be directed to the 3rd floor (GI Lab).</li></ul>
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**Please see reverse side for additional instructions →→→**

### Questions about other medications

**PLEASE TAKE MEDICATIONS FOR THESE APPROVED CONDITIONS THE DAY OF THE PROCEDURE:**

Thyroid, reflux, pain, depression, anxiety, myasthenia gravis, transplants, Parkinson's, prescribed inhalers, and seizure medications with a sip of water.

**\*DO NOT TAKE THE MEDICATIONS BELOW WITHIN 24HR OF YOUR PROCEDURE. YOUR PROCEDURE MAY BE CANCELLED IF THE FOLLOWING MEDICATIONS ARE TAKEN AFTER 7 AM THE DAY BEFORE THE PROCEDURE:**

Accupr (quinapril)	Lotensin (benazepril)
Aceon (Perindopril)	Mavik (trandolapril)
Altrace (ramipril)	Micardis (trandolapril)
Atacan (candesartan)	Novartis (amlodipine and valsartan)
Avalide (HCTZ and ibesartan)	Monopril (fisinopril)
Avapro (irbesartan)	Prinivil (Lisinopril)
Benicar (Olmesartan)	Teveten (eprosartan)
Capoten (captopril)	Univasc (moexipril)
Cozaar (losartan)	Vasotec (enalapril)
Diovan (valsartan).	Estril (Lisinopril)
Entresto (sucubital and valsartan)	Exforge (amlodipine and valsartan)

### **Diabetic and Weight loss Medications:**

Take **half of your evening dose** of long-acting Insulin the night prior to surgery.

**No morning insulin**, no morning diabetic medications – unless directed by your Endocrinologist

\*If you are on any of the following **injectable medications for weight loss or diabetes**, please stop weekly dosing one week prior and daily dosing the day of. You will also need to do **24 hours of clear liquids** prior to your procedure.

Mounjaro (Tirzepatide)      Wegovy (Semaglutide)

Ozempic (Semaglutide)      Rybelsus (Semaglutide)

Saxenda (Liraglutide)      Victoza (Liraglutide)

Trulicity (Dulaglutide)      Byetta (Exenatide)