

## Free Community Screenings A1C and/or Blood Pressure No Sign-up required

**ADDRESS** 

Boone Plaza 3 1701 E Broadway Lower Level Conference Columbia, MO DATE

Thursday February 20, 2025 TIME

9:00AM- 11:00AM

## **HOW TO PREPARE FOR YOUR SCREENING:**

Drink plenty of water, fasting not required.

A1C: Blood test for type 2 diabetes and prediabetes. Measures average blood glucose, or blood sugar levels over the past 3 months.

- Instant results
- Fingerstick

