



 BooneHealth

# Heart Health Month

## FREE A1C SCREENINGS

**Free Community Screenings A1C and/or Blood Pressure**  
**No Sign-up required**

### ADDRESS

Boone Plaza 3  
1701 E Broadway  
Lower Level Conference  
Columbia, MO

### DATE

Tuesday  
February 25, 2025

### TIME

8:00AM- 11:00AM

## HOW TO PREPARE FOR YOUR SCREENING:

Drink plenty of water, fasting not required.

**A1C: Blood test for type 2 diabetes and prediabetes. Measures average blood glucose, or blood sugar levels over the past 3 months.**

- Instant results
- Fingertick

Funding provided by:

