

Free Community Screenings A1C and/or Blood Pressure No Sign-up required

ADDRESS

The Rec Center 802 W Lakeview St. Centralia, MO DATE

Wednesday February 26, 2025 **TIME**

9:00AM- 11:00AM

HOW TO PREPARE FOR YOUR SCREENING:

Drink plenty of water, fasting not required.

A1C: Blood test for type 2 diabetes and prediabetes. Measures average blood glucose, or blood sugar levels over the past 3 months.

- Instant results
- Fingerstick

