## &BooneHealth FREE SKIN CANCER & A1C SCREENINGS

## Provided by Boone Health Community Wellness & Boone Hospital Foundation

DATE	ADDRESS	TIME
Thursday April 10, 2025	Adair Co Health Dept 1001 Jamison St Kirksville, MO	10:00AM - 1:00PM

## To sign up please call the Adair Co Health Department at 660-665-8491 ext 4

## FOR SKIN CANCER SCREENING:

- Wear loose clothes (shorts)
- Don't wear makeup or minimal makeup
- Keep your hair loose so your scalp can be examined
- Take note of any concerns, like skin spots, patches, or moles, and point those out to your screener before the exam

FOR A1C SCREENING (Blood test for type 2 diabetes and prediabetes.):

- Drink plenty of water
- Fasting is not required
- Finger stick with results in 5 minutes