



FREE Skin, A1C Screening and/or BP Screenings

Provided by:

Boone Health Community Wellness

DATE

ADDRESS

TIME

June 18, 2025
Wednesday

Columbia
Farmers Market
1769 W Ash St
Columbia, MO

3:00 PM - 7:00 PM

Screenings will be offered for all adults on a walk-in basis.

A1C: Blood test for type 2 diabetes and prediabetes. Measures average blood glucose, or blood sugar levels over the past 3 months.

- Instant results
- Finger stick

Skin Exposed Screening Only:

- Wear loose clothes (shorts)
- Don't wear makeup
- Keep your hair loose so your scalp can be examined
- Take note of any concerns, like skin spots, patches, or moles, and point those out to your screener before the exam

High blood pressure: "the silent killer," meaning that it has no symptoms of its own, but can dramatically increase one's risk of developing heart disease or stroke.

