BooneHealth

1600 E. Broadway Columbia, MO 65202
573-815-8000

GI Procedure Preparation

PREPARATION INSTRUCTIONS FOR GI PROCEDURE AT **BOONE HOSPITAL 1600 E. Broadway Columbia, MO 65201**

Appointment date:_____Check in time: _____

Read instructions carefully 7 DAY PRIOR to your upcoming procedure

- **Review all medications that should be held prior to your procedure :**
  - See reverse side and carefully review all meds.
- **Arrange for a ride**: You will be given sedation and will not be able to drive after your procedure. If you arrive without an escort, your procedure may need to be rescheduled.
  - Uber, taxi or transportations such as oats bus are not allowed unless you have an escort with you.
- If you have questions regarding your procedure, call 573-815-6344.
- If you need to cancel or reschedule your appointment, please call 573-777-8820.

Do these things ON THE DAY of your procedure

- No food, drink, tobacco, marijuana products or gum after midnight.
- You may have sips of water or black coffee (no creamer) until 3 hours before your check in time
- Adhere to the medications you should take before the procedure. See below and reverse side
- Bring a list of your medications with you and the time and dates you last took them.
- Go to the **south entrance**, the **Outpatient Service Entrance** and check in on the **ground floor** at your scheduled check in time.
- There is no need to arrive early. Once registered, you will be directed to the 3rd floor (GI Lab).

Please see reverse side for MEDICATION INSTRUCTIONS→→→

BooneHealth

Medications you SHOULD NOT take – Read Carefully

Blood Thinners:

- If you take any **blood thinners**, call your primary doctor or cardiologist to see if you can safely stop this medication before your procedure.
- **Hold for 5 days:** Coumadin (Warfarin), Pradaxa (Dabigatran), Plavix (Clopidogrel), Effient (Prasugrel), Brilinta (Ticagrelor)
- **Hold for 48 hours:** Xarelto (Rivaroxaban), Eliquis (Apixaban), Cilostazol (Pletal)
- If you do not see your blood thinner listed, please call to confirm how long it should be held prior to the procedure

Diabetic and Weight Loss Medications:

- **Hold for 4 days**: Steglarto (Ertugliflozin)
- **Hold for 3 days:** Jardiance (empagliflozin), Invokana (Canagliflozin), Farxiga (Dapagliflozin)
- **Hold day of:** no diabetic meds or insulin the day of your procedure unless instructed otherwise by your endocrinologist.
- Take **half of your evening** dose of **long-acting insulin** the night before your procedure
- If you take any of the following medications, **hold weekly dosed injections 7 days prior** to your procedure and **hold daily dosed oral medications the day of** your procedure

Mounjaro (Tirzepatide)	Wegovy (Semaglutide)
Ozempic (Semaglutide)	Rybelsus (Semaglutide)
Saxenda (Liraglutide)	Victoza (Liraglutide)
Trulicity (Dulaglutide)	Byetta (Exenatide)

Blood Pressure Medications to be held 24HR prior to your procedure

Accupr	(quinapril)	Lotensin	(benazepril)
Aceon	(Perindopril)	Mavik	(trandolapril)
Altrace	(ramipril)	Micardis	(telmisartan)
Atacan	(candesartan)	Novartis	(amlodipine and valsartan)
Avalide	(HCTZ and ibesartan)	Monopril	(fisinopril)
Avapro	(irbesartan)	Prinivil	(Lisinopril)
Benicar	(Olmesartan)	Teveten	(eprosartan)
Capoten	(captopril)	Univasc	(moexipril)
Cozaar	(losartan)	Vasotec	(enalapril)
Diovan	(valsartan).	Estril	(Lisinopril)
Entresto	(sucubitral and valsartan)	Exforge	(amlodipine and valsartan)

Medications you SHOULD take the day of your procedure:

- Medications prescribed for thyroid, reflux, pain, depression, anxiety, myasthenia gravis, transplants, Parkinson's, seizures.
- Prescribed inhalers
- Take your blood pressure medications **UNLESS** listed in the box above.
- Take approved medications with a small sip of water.