BooneHealth

FREE A1C Screenings & Blood Pressure Checks

Provided by:

BooneHealth COMMUNITY WELLNESS

BOONE HOSPITAL Foundation
SHARING THE GIFT OF HEALTH

DATE	ADDRESS	TIME
Saturday, November 7, 2026	Sigmund Cosmo Center 1715 Burlington St. Columbia, MO	9:00 AM - 1:00 PM

HOW TO PREPARE FOR YOUR SCREENING:

Drink plenty of water -- fasting is not required.

A1C: Blood test for type 2 diabetes and prediabetes. Measures average blood glucose, or blood sugar levels over the past 3 months.

- Results and Education within 10 minutes
- Fingerstick

BP: Measures blood test for type 2 diabetes and prediabetes. average blood glucose, or blood sugar levels over the past 3 months.

COSMOS FOR A CURE
The Club that Fights Diabetes